

## **SETTLING GUIDELINES FOR PARENTS**

We understand that leaving your child for the first time can be very daunting. The staff at playgroup are also mothers themselves and we know how you feel. Our settling procedure varies from child to child, recognising that each child is unique. We will work the induction procedure around you and your child and we offer free induction sessions to ensure the transition process is as smooth as possible.

### **A typical induction would involve:**

Step 1 Child is able to play with key person while the parent is alongside

Step 2 Child is able to play with key person while parent goes across room and back again

Step 3 Child is able to stay/play with key person while parent pops out of sight to get something but remains in the room

Step 4 Child is able to stay with key person when parent says that they are going out of the room to get something

Step 5 Child is able to stay with key person and be reassured when parents says they are going and leaves for five minutes.

The age of your child will also be a factor in how quickly they settle. A child of two may take longer. We do not expect two year olds to be able to cope immediately with routines - this is a gradual process and by the time they are ready for school they will be able to follow all the routines at playgroup.

We look forward to welcoming you and your child into playgroup.